Dear

**\*\*Important info: new app for children in care in [insert LA]\*\***

I’m writing to ask you to help get your foster child started with a new app [insert LA] Council has enabled for its children in care.

MOMO ([**www.mindofmyown.org.uk**](http://www.mindofmyown.org.uk)) makes it easier for children to talk to their social workers. It helps them let their worker know when they have a problem, something they want to change, or what they want talked about at their next meeting.

Your child can use it on their own but often doing it with you will help them talk about how they are feeling and what they’d like to change.

MOMO works on most phones and computers including android, iPhones/pads and home computers. Your child can sign up for an account on one device but then use MOMO on any other they wish.

The MOMO team have made a demo version of the app for workers and carers to check out. Please try it out at [**app-demo.mindofmyown.org.uk**](https://app-demo.mindofmyown.org.uk/#/)

**What [insert LA]** **Council would like you to do**

1. Have a go on the demo
2. Sign up your child with them
3. Use it with them to help them think about what they want to say through MOMO, or support them to have the privacy to use it on their own

**WiFi for social worker visits**

Sometimes when a worker visits your home they will ask to use your WiFi so they can use MOMO with your child. Please support these requests.

**Children’s email addresses**

MOMO requires an email address for sign up to an account. If your child has a personal or school email address then they are ready to sign up. However if they don’t, or if there is a reason why their use of internet is restricted then please support them to either:

1. Sign up for an email address – [**Gmail.com**](https://mail.google.com) (13 years+), [**Outlook.com**](https://signup.live.com/signup) (under 13 years requires your permission) or [**Ghostmail.com**](https://www.ghostmail.com/) (no consent or age restrictions) are some options.
2. Let your child use your email account to sign up with.

If you consider neither of these options suitable then please talk to the child’s social worker or reviewing officer.

**More info**

Try [www.mindofmyown.org.uk](http://www.mindofmyown.org.uk). There is an easy to find page for foster carers and at the bottom of the page an introductory email course you can sign up to.

Thanks and best wishes