



App guide

# MOMO Express

MIND OF MY OWN

For anyone working with children and young people

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## What does MOMO Express do?

- Helps your children and young people express their likes, dislikes and views on what supports them
- Helps you understand their views, wishes and feelings
- Helps you capture and evidence their views
- Saves time writing up their views, wishes and feelings.

## When to use MOMO Express

Use it anytime you are visiting a young person with a learning disability or a younger child. Its particularly good for gathering their views when you are:

- Carrying out a social work assessment
- Visiting them before a conference or review meeting
- Making or reviewing their Education Health Care Plan

After you've used it with them MOMO Express will send you a rich-PDF record of the child's views.

## How to use MOMO Express

1. Open a web browser on your tablet or laptop
2. Use your MOMO worker account to log in
3. Explore the app in 'demo mode'. Try out the different settings for colour, text and sound
4. Use the app for real when you're with a child. It's designed to be used together. You may need to offer prompts
5. The app saves the child's responses as you go
6. When they're done you'll be able to send their views to your email address.

**Tip:** you can log in to the app on any device with a Wifi connection, but small-screened devices aren't much fun to use together.

### **Get your MOMO worker account**

- Your account will work on any MOMO app that your service has signed up to.
- Sign up at [workers.mindofmyown.org.uk](https://workers.mindofmyown.org.uk)

Go to [mindofmyown.org.uk/help](https://mindofmyown.org.uk/help) if you get stuck or need a hand with setting up your account. You can also contact us by email [support@mindofmyown.org.uk](mailto:support@mindofmyown.org.uk)